

APPENDIX A

Year 2000 Health Objectives for the Nation: Montana Summary of BRFSS Data for 1997 and 1998

Healthy People 2000 ² Objective ³	Yr 2000 Target	Montana 1997 (CI)*	Montana 1998 (CI)*
Overweight (Objective 1.2) Ages 20	20%	28% (±2)	30% (±2)
Regular and Sustained Physical Activity (Objective 1.3) Ages 18	30%		22% (±2)
Regular and Vigorous Physical Activity (Objective 1.4) Ages 18	20%		13% (±2)
No Leisure-time Physical Activity (Objective 1.5) Ages 18 Ages 65	15% 22%		25% (±2) 38% (±4)
Cigarette Smoking (Objective 3.4) Ages 18	15%	20% (±2)	21% (±2)
Safety Belt Use (Objective 9.12) Ages 18	85%	58% (±3)	
Blood Pressure Screening (within past two years) (Objective 15.13) Ages 18	90%	92% (±1)	
Cholesterol Screening (within past five years) (Objective 15.14) Ages 18	75%	63% (±3)	
* 95% confidence interval (±%)			

Healthy People 2000 ² Objective ³	Yr 2000 Target	Montana 1997 (CI)*	Montana 1998 (CI)*
Fruit and Vegetable Consumption (five or more servings per day) (Objective 16.8) Ages 18	not specified		24% (±2)
Clinical Breast Exam and Mammogram (within past two years) (Objective 16.11) Women ages 50 Women ages 70	60% 60%	65% (±5) 63% (±7)	68% (±4) 65% (±7)
Clinical Breast Exam and Mammogram (ever had) (Objective 16.11) Women ages 40 Women ages 70	80% 80%	79% (±3) 78% (±6)	81% (±3) 86% (±5)
Pap Smear, Women with Intact Uterine Cervix (ever had) (Objective 16.12) Ages 18 Ages 70	95% 95%	96% (±2) 94% (±5)	96% (±2) 94% (±4)
Pap Smear, Women with Intact Uterine Cervix (within past three years) (Objective 16.12) Ages 18 Ages 70	85% 70%	84% (±3) 61% (±9)	80% (±3) 62% (±11)
Proctoscopy (ever had) (Objective 16.13) Ages 50	40%	40% (±4)	
Influenza Immunization (within past year) (Objective 20.11) Ages 65	60%	66% (±5)	73% (±5)
Pneumococcal Pneumonia Immunization (ever had) (Objective 20.11) Ages 65	60%	51% (±6)	56% (±5)
* 95% confidence interval (±%)			

¹ Behavioral Risk Factor Surveillance System

² Public Health Service. Healthy People 2000: National Health Promotion and Disease Prevention Objectives—full report with commentary. Washington, DC: U.S. Department of Health and Human Services, 1991.

³ In some cases, BRFSS definitions of objectives differ slightly from those in Healthy People 2000. See Healthy People 2000 for the exact definition of the objective.